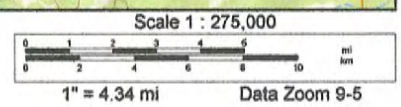
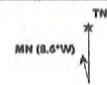
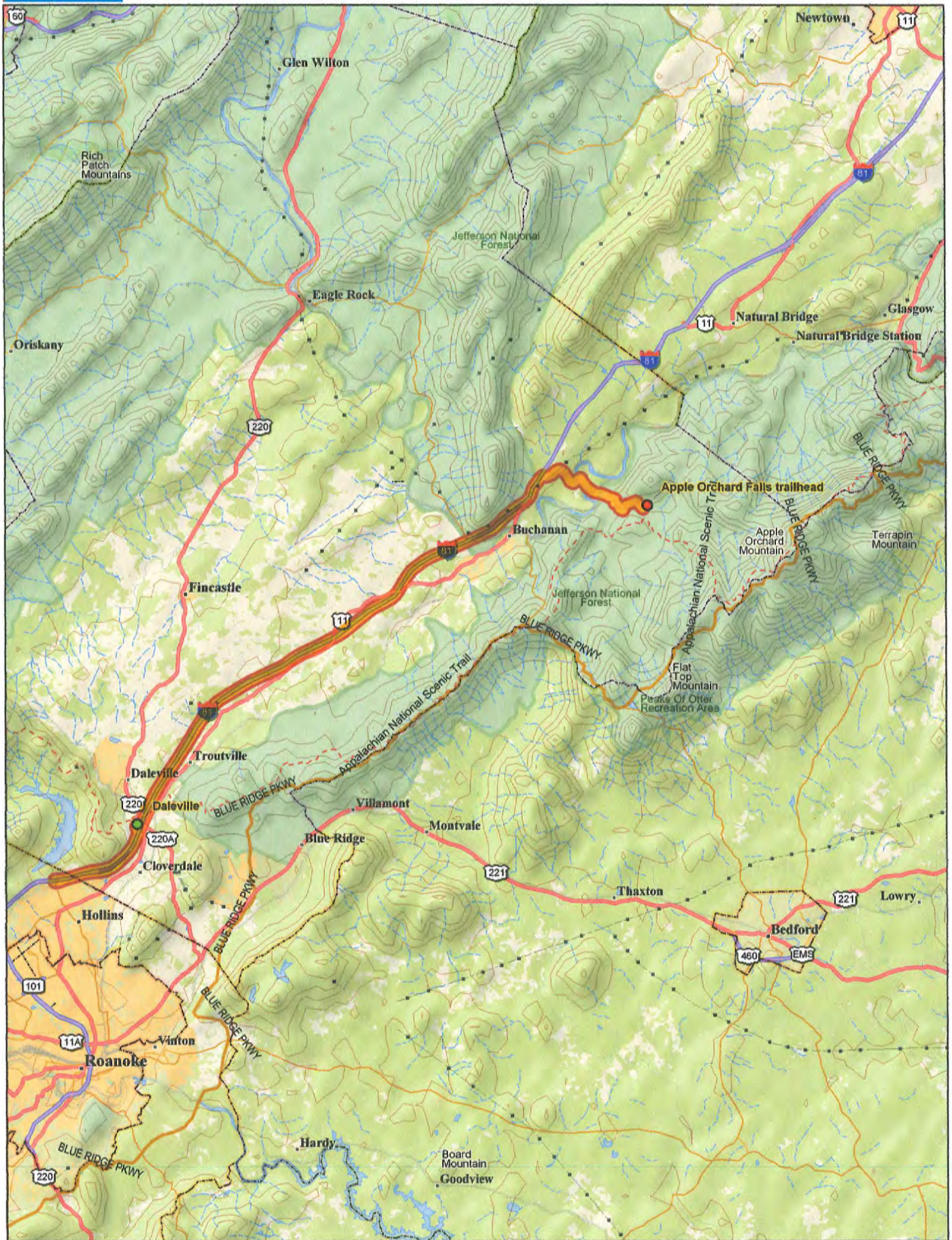




Lin Dist: 5.60 mi	Terr Dist: 5.65 mi	Elev Gain: -5.46 ft	Avg Grade: 11
Grade: 11	Latitude: N37° 31.781'	Longitude: W79° 33.169'	Elev: 1,466.09 ft
Climb Elev: 1,729.26 ft	Desc Elev: 1,734.72 ft	Max. Elev: 2,879.65 ft	Min. Elev: 1,466.09 ft
Climb Dist: 2.77 mi	Desc Dist: 2.88 mi		



	Dist	Turn		Road	Exit	Time	Total Dist
		Start	at	Daleville		00:00:00	0.00 mi
		Go straight (WSW)	on	I-81 S (US 220) ramp		00:00:00	0.00 mi
	in 3.40 mi	Bear right (W)	on to	SR 115 (Plantation Rd) ramp	146	00:04:33	3.40 mi
	in 0.35 mi	Turn left (S)	on to	SR 115 (Plantation Rd)		00:05:27	3.75 mi
	in 0.10 mi	Turn left (ENE)	on to	I-81 N (US 220) ramp		00:05:43	3.85 mi
	in 21.98 mi	Bear right (NE)	on to	SR 614 (Arcadia Rd) ramp	168	00:29:25	25.84 mi
	in 0.16 mi	Turn right (ESE)	on to	SR 614 (Arcadia Rd)		00:29:39	25.99 mi
	in 3.20 mi	Turn left (ESE)	on to	<unnamed>		00:37:19	29.19 mi
	in 1.30 mi	Finish	at	Apple Orchard Falls trailhead		00:40:26	30.49 mi

Total Time: 00:40:26 Total Distance: 30.49 mi